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This lesson plan will educate your students about the fun and exciting sport of table tennis. They will learn four major grips, practice drills, and finally participate in some actual competition.

Table Tennis Lesson Plan for Physical Education | Study.com

Table Of Contents Title Page 1 ... can utilize for the tennis unit. 4 Philosophical Statement ... different warm-ups in our unit plan, which we consider to be fun and motivating for any physical education class. Some of the warm-ups will be sports specific while others will be fun.

A UNIT PLAN - Web hosting

Tennis Unit Plan I. Standards and Unit Objectives A. Cognitive Standard IN Standard 2: Students will demonstrate understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities. 1.

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