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Harriette R. Mogul, MD MPH, is an endocrinologist, epidemiologist, and early pioneer in women's health, Dr. Mogul founded the nation's first Institute for Medical Research in Women (at Columbia University) where she spearheaded large national studies on women and weight more than twenty years ago.

Harriette Mogul | Home

Enter Syndrome W, the book named for the metabolic condition caused by abnormal insulin levels commonly found in women aged 30 to 60. Dr. Harriette R. Mogul, the physician who discovered the condition, shows how it can be reversed when properly diagnosed and treated so you can regain your waistline!

Syndrome W: A Woman's Guide to Reversing Midlife Weight ...

The updated edition of this groundbreaking book explains clearly what you need to know about Syndrome W--a metabolic condition caused by an abnormality in insulin levels and commonly found in women in their thirties through sixties who have experienced midlife weight gain.

Syndrome W : a Woman's Guide to Reversing Midlife Weight ...

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### Syndrome W : A Woman's Guide to Reversing Midlife Weight ...

Many women do need drugs to counter their PCOS, and this book does not cover the "what next?" It is particularly lacking in information on infertility, which is the biggest reason PCOS is a problem for many women, and the way they find out they have it.

### PCOS: A Woman's Guide to Dealing with Polycystic Ovary ...

Syndrome W : a woman's guide to reversing midlife weight gain. [Harriette R Mogul] -- Describes a metabolic condition known as Syndrome W, which causes women in their thirties, forties, fifties, and sixties to gain weight due to abnormal insulin levels, and offers a plan for reversing ...

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