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LeFavour | TEDxBoise Emotional Wellness Transforming Fear Anger

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Emotional Wellness: Transforming Fear, Anger, and Jealousy into Creative Energy [Osho] on Amazon.com. *FREE* shipping on qualifying offers. Emotional Wellness: Transforming Fear, Anger, and Jealousy into Creative Energy

Emotional Wellness: Transforming Fear, Anger, and Jealousy ... This book "Emotional Wellness: Transforming Fear, Anger, and Jealousy into Creative Energy" deals with our emotions. Osho shares his unique insights to understand our emotions, and ways leading to our emotional wellness. Brief Summary of the Book: This book has been divided into following three parts – Understanding the Nature of Freedom

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Incorporating new, never-before-published material, Emotional Wellness leads us to understand the roots of our emotions, to react to situations in a way that can teach us more about ourselves and others, and to respond to life's inevitable ups and downs with far Page 11/12

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