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~~Menopause Naturally – Susun Weed interviews Gabriele Kushi~~

The Pepper & Wits tag-line “ take control of your menopause symptoms, take control of your life, ” encompasses the brand ' s aim to help women navigate the

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changes that take place during menopause. The Complete Menopause Care Kit claims to help tackle ten common symptoms including vaginal dryness, disrupted sleep, mood swings, and more with a mix of lotions and supplements.

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