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## Drop The Rock Removing Character Defects Steps Six And Seven

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Drop The Rock book review  
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Drop the Rock Talk in 1981 AA  
Speaker Sandy B. His Classic Drop  
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~~Step Six requires us to stop  
struggling AA speaker-Peter M -  
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recovery Sandy Beach - The  
Ego 's Biggest Worry - AA  
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Drop the Rock (Audiobook) by Bill  
P., Todd W., Sarah S.

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Sandy B (the famous 1976 AA  
Convention talk) DROP THE  
ROCK! Drop the Rock 3 Step Six  
requires action Recovery  
Concepts: Drop The Rock Drop the  
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~~The Rock Removing Character~~

This book is fantastic for any recovering alcoholic, or anyone in recovery struggling. It helps one get a deep understanding of what humility is and how we really can change. It is very easy to read, and all 120 pages are very thought provoking and helpful. Including Joe Mcquancy's idea and experience of drop the rock.

~~Drop The Rock: Removing  
Character Defects: Amazon.co.uk:  
P...~~

Drop the Rock: Removing  
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As Bill P. explains, these are the  
“ rocks ” that can sink recovery- or  
at the least, block further  
progress. Based on the principles  
behind Steps Six and Seven, Drop  
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Drop the Rock -  $\mu$  Removing Character Defects Steps Six and Seven Second Edition Bill P. Todd W. Sara S. Hazelden Center City, Minnesota 55012-0176

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Edition Published by Glen Abbey  
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or shortcomings which cause us to  
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As Bill P. explains, these are the "rocks" that can sink recovery- or at the least, block further progress. Based on the principles behind Steps Six and Seven, Drop the Rock combines personal stories, practical advice, and powerful insights to help readers move forward in recovery.

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The character defect of putting off actions "until things get better" is

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Character Defects Stops  
Six And Seven

one of the most destructive  
detours we can make. Delays  
never make problems “ go away; ”  
they only make success harder to  
attain. ” . Bill P., Drop the Rock:  
Removing Character Defects -  
Steps 6 and Seven. 5 likes.

## ~~Drop The Rock Quotes by Bill Pittman - Goodreads~~

In this follow-up to Drop the Rock:  
Removing Character Defects, Fred  
H. explores ""the ripple effect""  
that can be created by using Step  
10 to practice Steps 6 and 7 every  
day to avoid picking up ""the  
rock""—also known as resentment,  
fear, and self-pity—again.

~~Drop The Rock... The Ripple  
Effect: Amazon.co.uk: H., Fred ...~~  
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Removing Character Defects Steps Six and Seven (2nd. ed.)" by Bill P. available from Rakuten Kobo. Narrated by Tom Zingarelli. Start a free 30-day trial today and get your first audiobook free. Resentment. Fear. Self-Pity. Intolerance. Anger. As Bill P. explains, these are

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