

## Becoming Who We Are Temperament And Personality In Development Guilford Series On Social And Emotional Development

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What are the basic dimensions of temperament? How does temperament influence children's relationships to their physical and social worlds--and their behavior and adjustment across the lifespan? What are its biological underpinnings? From preeminent researcher Mary Rothbart, this work comprehensively examines the role of temperament in the development of personality and psychopathology.

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*Becoming Who We Are: Temperament and Personality in Development: Author: Mary K. Rothbart: Publisher: Guilford Press, 2011: ISBN: 1609180712, 9781609180713: Length: 324 pages: Subjects*

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Temperament theory describes the biologically-based individual differences in reactivity and regulation that affect a child's emotional or behavioral response patterns in different environments...

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Temperament traits, a subset of personality traits, include the emotional, motor, and attentional tendencies and regulative capacities. These also show consistency across situations and stability over time. They are seen early in life and form the earliest individual differences in personality.

*Sample Chapter: Becoming Who We Are: Temperament and ...*

How temperament is affected by and affects interpersonal relationships is discussed, which is relevant to family therapists in particular. The last three chapters are more clinical. The end of chapter 9 introduces research on training attention and educating children, parents, and teachers about temperament.

*Becoming Who We Are. Temperament and Personality in ...*

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A world-renowned expert, Rothbart brilliantly shows how temperament combines with experience to make us who we are."--Carol S. Dweck, PhD, Lewis and Virginia Eaton Professor of Psychology, Stanford University "This outstanding book from the foremost world expert on temperament offers a creative and authoritative synthesis.

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How We Become What We Are. ... Temperament, which is reflected in a creature's manner of behavior, is personality's biological, enduring, and heritable aspect. It greatly contributes to but does ...

*How We Become What We Are - The Atlantic*

From preeminent researcher Mary Rothbart, this work comprehensively examines the role of temperament in the development of personality and psychopathology. In a direct and readable style, Rothbart combines theory and research with everyday observations and clinical examples.

*Becoming who we are: temperament and personality in ...*

*Becoming Who We Are: Temperament and Personality in Development Mary K. Rothbart* No preview available - 2011. Common terms and phrases. action activity adapted adults affect affiliation aggression allow anger animals appear approach attention avoid become behavior Big Five called caregiver Chapter child cognitive consider contributions coping ...

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becoming who we are temperament and personality in development mary klevjord rothbart published in 2011 in new york by guilford press definition and historical roots the structure of temperament the biology of temperament infancy the self and structures of meaning coping and culture conscience and competence